

## **MONDAY “Why are we here?”**

*(\*\*Importance of heart attitude/Holy Spirit/humility in life of coaches, trainers and/or directors)*

**Get to know each other:** (use any activity, ice breaker or questions you would like)

### **Explain: Why Coaching Groups?**

Get to know each other better

Learning Community

Get to know Coaching Session from Sample Curriculum 5:4

Experience Coaching Group

Practice giving feedback

### **Biblical Basis from Lesson 5:4 “Coaching”** (Have lesson pages available for each person)

We will look at two truths that describe each follower of Jesus:

1. The Holy Spirit is the counselor and teacher that causes growth in each of our lives. John 14
2. As individuals we need to take up our cross daily, count the cost and follow Him. Luke 9:18-27 & Luke 14:25-34

Humility to serve others by helping them to hear from the Lord and discover the steps He desires for them to take.

Why is this important in coaching?

### **Lead your group in praying to be filled with the Holy Spirit**

### **Q & A from Day #1 content:**

Vision for TOT

Intro to NST

39 Desired Outcomes

### **Ask for volunteers to facilitate next Tuesday, Thursday, and Friday coaching group times.**

Be prepared to “coach” your volunteers as they lead.

**PRAY for each other** – to walk in the Spirit and for any personal requests

## **TUESDAY “How do we learn?”**

*(\*\*Value, power, and the importance of coaching.)*

### **Biblical Basis from Lesson 5:4**

Because each believer is filled with the Holy Spirit and ultimately walks before the Lord as an individual, we are more convinced of the need to serve them by helping them to hear the Holy Spirit and make decisions for their own lives. The goal in “coaching” is to help them hear from the Lord and know what the Lord wants them to do so that they would follow Him.

1. Look at John 14; List here the description of whom the Holy Spirit is in our lives and what He will do.

Look at Luke 14:25-35. What are the two examples Jesus uses for counting the cost or thinking through what it is going to take to follow Jesus?

2. What are the builder and the king supposed to do? What is the desired result?

#### Trainer’s Tip:

The focus is that each individual is filled with the Holy Spirit and must decide before the Lord daily that they will walk with him. This is why coaching is important. If we are giving people advice, we are robbing them of the chance to count the cost and to have to wrestle with what it means to take up the cross daily and walk with Him.

3. Look at Luke 9:18:27. How does this repeat what you read in Luke 14?

What was Jesus’ main point for the disciples?

### **Q & A from Day #2 content:**

Adult Learning  
Coaching

**PRAY for each other** – for the New Staff and any personal requests

## **THURSDAY “How to keep learning?”**

*(\*\*Importance of learning and learning community for coaches.)*

### **Task 2 from Lesson 5:4**

Brainstorm: What will be the benefit of using this Coaching Process with volunteers or others?

Trainer’s Tip: ideas for this answer.

- Increased ideas, options and solutions are generated
- Forward movement promoted
- Confidence is developed
- Individuals and teams are empowered
- Leaders are developed
- Local ownership is promoted
- A learning environment is created
- Shared leadership is enhanced
- Kingdom perspective is promoted
- Values are reinforced (growth and faithfulness)
- Accountability is provided

Have group members share: What skills do they need in their life to be able to coach others?

Trainer’s Tip: ideas for this answer.

- Asking vs. Telling. We tend to “tell” more than we ask. We need to increase “asking” in order to...
- Listening with empathy. Listening to draw out the person and their needs and root issues.
- Exploring with the person their motivated needs and the needs of their team and the organization
- Asking powerful questions
- Establishing an action plan with milestones and measures
- Speaking the truth in love Ephesians 4:15
- Building a trust relationship
- Establishing accountability and encouragement over time.

### **Q & A from Day #3 and #4 content:**

GCTC/Training Center/New Staff Practice  
Life-long learning  
Learning Community  
Evaluation and Feedback

**PRAY for each other** – skills that they want to improve and any personal requests

**FRIDAY “What is next?”**

*(\*\*Practicing feedback – Remember Holy Spirit-filled and humility!)*

**Use Coaching Bridge cards** to coach each other in pairs regarding something each person wants to grow in from the week’s content.

(Take turns in pairs. Use the coaching card.)

**Practice giving feedback to each other...** (How did you do this week?)

As coaches in the exercise above

If time allows:

During your turn as a coaching group facilitator

Anyone else from group who MC’ed or gave a devotional

**Q & A from Trainers Training content:**

**PRAY for each other** – next steps/action points and any personal requests